

SOUL Empowerment Retreat

Alicante Spain

"This was the best retreat I've ever attended! A wonderful combination of sunshine, good food and the teaching input was great from John and Maria – Highly Recommended!!!" Jane



**Arrive Sunday 22nd September to
Depart Sunday 29th September 2019**

At the beautiful seaside of El Campello on the Costa Blanca coast we will be hosting an amazing

SOUL Empowerment Retreat

7 days of mindfulness, relaxation, sunshine, good food, healing, evening entertainment and

SOUL Empowerment Workshops

Situated in the amazing Salesian retreat centre with airconditioned rooms, right on the beach and lots of scenic walks.

Maria J. Lopez and **John F. Doherty** are a husband and wife team who will facilitate the workshops. They have been working in Mindfulness, Healing and Empowering people for over 20 years together!

Book Now to Change your Life!!!

For further enquiries please contact

Katarina on +353.876940490

email: ksidova@yahoo.com

[Booking is available on the Website](#)

www.thebeehive.ie/soul-empowerment-retreat/

#healing #sunshine #mindfulness #relaxation #soul empowerment #goodfood #recharge #relationships